



TESTIMONIAL

Thanks and gratitude to BUSHI Karate

I would like to express my thanks and gratitude to the instructors and students at Bushi Karate.

I have been training here for two and a half years now and can honestly say I do not think there is a better martial arts school anywhere. I realize that may be a bold statement, but I have been training in martial arts for over 25 years. I earned my 1st and 2nd degree black belts under Grand master Soon Ho Chang who is well respected in the martial arts world and by his many students. While training there I was very happy with the eastern discipline and conditioning I received. For a multitude of reasons it became necessary to search for another school to train at.

Needless to say I was struggling to find a school of the same caliber. I sat in on many classes from various styles but simply could not bring myself to attend a school with lesser standards let alone subject my son and daughter (who are also black belts) to substandard teaching. After searching for 9 months I almost gave up. I was sorely missing training as it had become a way of life for me and my family.

Low and behold I stumbled upon Bushi Karate. I made an appointment with Sensei Byrnes to come and watch one of his classes. After speaking with Sensei Byrnes and watching the one class I was pretty convinced I had found an “acceptable” school. It was only after taking my first couple of classes that I came to the realization that not only had I found an acceptable school.....I had found a superior one.

While we were in excellent physical condition from our previous training we couldn't help but feel humbled by the students and instructors here. The level of sparring ability from green belts and even yellow belts was astonishing to me! While I realize fighting isn't everything in martial arts, it is a big part of why most of us get involved in the art, to protect ourselves, our families and to have the confidence to do so. When you cannot be physically intimidated by anyone you cannot be mentally intimidated. I had such confidence from my previous training. I knew if I delivered a set of kicks and punches to an adversary I wouldn't have a problem fending them off. There in lies the problem...I simply couldn't land anything on my sparring partners at Bushi!!

My years of training in the martial arts taught me the correct techniques & philosophies – but fell short in executing them. The combination of Shotokan Karate and the cross training with Aikijujitsu at Bushi teaches you how to incorporate everything seamlessly and flawlessly. It is not only about how high you can kick or how hard you can hit – it's about what is realistic and what will work in a real life situation.

I look forward to my continued training and learning at Bushi Karate. Aikijujitsu.

Sincerely –

Michael Stenger